



Walk 1

Hinderclay Fen

This is a lovely, varied and longish walk. It takes you from Redgrave, down to the little river which flows from Redgrave Lake into the Little Ouse on Hinderclay Fen.

5.24 miles. We measure our walks and then give a time based on a walking speed of 2 1/2 miles per hour. This is a realistic speed with time to see the view and chat. So, 2hours

a Starting at the Cross Keys. Turn left out of the car park and walk across The Green, past the pond on your left and the Shop on your right.

b Fork left just after All Saints Church along Half Moon Lane. The field on your right is called The Flat Iron. **c** Half way along it you turn right.

d Cross the road and then the track bends left.

e Then turn right and head down towards the river. You pass some houses and then go through the hedge.

f Before you is the river valley.

g The concrete bridge is not a thing of beauty but it is safer than its predecessor which is a comfort for us all. The river has left Redgrave Lake and is on its way to the Little Ouse. You will meet it again later in your walk.

Kingfishers have been seen here. **h** On the other side of the river, quite soon, turn right across the field.

i Over a railway sleeper bridge and turn left up Cow Fen Lane which is one of the covered lanes which have survived, thank goodness.

j At the top of the lane turn right. Walk down the road a bit and you can turn left into the field **k** and walk down behind the hedge, beside the road. (Thanks to the Aves family)

l When you reach the road turn left, again thanks to Mr and Mrs Aves you can walk on the edge of the field until **m**. Here you turn right up the hill on the foot path. **n** Do as you are told here ;-) and keep going along the hedge and down to the road.

o Turn left and then right towards Thelnetham, over the bridge.

p Take the foot path into the field on your right towards the Fen. If you would like to see Thelnetham Church there is

no need to go up the road. Quite soon there is a gap in the hedge on the left which will take you into the churchyard.

Carrying on, on the path there is a right and then left so that you turn down by the hedge to meet the path from the rest of the fen and **q** cross the bridge onto Thelnetham Fen. On your way you will pass a bench by a duck sculpture. This has lots of information about the Fen.

r A slightly flexible footbridge takes you straight on across the river just as it is about to join the Little Ouse. Don't take the new, posh bridge on the right as you will have to do more road work through the duck farm. Carry on straight with the less than lovely duck farm on your right.

s The path turns sharp right towards the road which you cross by turning left and immediately right up the bridle way into Redgrave village.

u Join the road and return, up the hill to the Cross Keys.

We hope you enjoyed your walk.
xJ&Ex